

**Subject:
 Life Skills**

Subject Intent: The Life Skills curriculum enables our students to build and **develop** important skills and qualities which support them in their understanding of the world, ability to keep safe and levels of independence. It equips pupils with knowledge, understanding, skills and strategies required to live healthy, safe, productive, capable, responsible and balanced lives. Life Skills provide pupils with opportunities to build their confidence, **communication**, resilience and self-esteem. Pupils will learn to recognise, accept and shape their individual identities and understand and accommodate difference and change. Essential skills for future employability are focused on through encouraging and developing positive attributes such as resilience, confidence, empathy and self-worth. Pupils **engage** with various opportunities to make a positive contribution to the diverse world around them in an ever-changing society. Our Life Skills curriculum aims to maximise their opportunities to experience the wider world beyond school, and to **aspire** to build on their independence and support them in becoming ready for life beyond Dawn House School.

<p>Develop:</p> <ul style="list-style-type: none"> • Through a diversity of approaches to promote active learning both in small groups and independently. • Developing curiosity and resourcefulness • Fine and Gross motor skill development 	<p>Engage:</p> <ul style="list-style-type: none"> • Accessible resources, differentiated to meet the needs of each individual • Multimodal approach to teaching – ensuring content is engaging • Encouraging students to find information for themselves in the wider environment • Students reflect on their personal experiences to date and share with group their knowledge 	<p>Communicate:</p> <ul style="list-style-type: none"> • Key words and subject specific terminology in lessons • Discussion and reasoning/explaining answers are a part of lessons. • Teamwork to plan activities which fit given briefs • Following tasks accurately as directed by leaders or peers • Encouraging pupils in discussion based tasks to feedback using full sentences 	<p>Aspire:</p> <ul style="list-style-type: none"> • Resilience and self-esteem as a learner • Promoting independence and personalised learning • Trips, visits and workshops to key places, buildings and community resources
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Lower School:

Primary 1 Overview	Autumn term 1:	Autumn term 2:	Spring term 1:	Spring term 2:	Summer term 1:	Summer term 2:
	Personal Skills: Friendships, Safety and Social Skills	Personal Skills: Local Community	First Aid: Mini Medics	Personal Skills: All About Me	Personal Skills: Hygiene and Safety	Personal Skills: Shopping
Primary 2 Overview	Autumn term 1:	Autumn term 2:	Spring term 1:	Spring term 2:	Summer term 1:	Summer term 2:
	Personal Skills: Friendships and Social	Personal Skills: Time, Money and Budgeting	Home Management: Shopping, Hygiene and Domestic Duties	First Aid: Mini Medics	Careers: World of Work, Goal Setting and Personal Information	Personal Skills: Transport, Emergency Services and Travel
Junior Overview	Autumn term 1:	Autumn term 2:	Spring term 1:	Spring term 2:	Summer term 1:	Summer term 2:
	Personal Skills: Friendships and Social	Personal Skills: Time, Money and Budgeting	Home Management: Shopping, Hygiene and Domestic Duties	Careers: World of Work, Goal Setting and Personal Information	First Aid: Mini Medics	Personal Skills: Transport, Emergency Services and Travel

Key Stage 3:

	Autumn term 1:	Autumn term 2:	Spring term 1:	Spring term 2:	Summer term 1:	Summer term 2:
KS3 JC	smiLE (Form Room) (OT and SLT)	First Aid (Form Room) (EO)	Swimming (Pool) (JW)	Health and Fitness (Gym) (AR)	Team Building and Orienteering (Performing Arts) (MW)	Personal skills and Careers (Form Room) (RE)
KS3 AD	Swimming (Pool) (JW)	smiLE (Form Room) (OT and SLT)	First Aid (Form Room) (EO)	Personal skills and Careers (Form Room) (RE)	Health and Fitness (Gym) (AR)	Team Building and Orienteering (Performing Arts) (MW)
KS3 DE	First Aid (Form Room) (EO)	Swimming (Pool) (JW)	smiLE (Form Room) (OT and SLT)	Team Building and Orienteering (Performing Arts) (MW)	Personal skills and Careers (Form Room) (RE)	Health and Fitness (Gym) (AR)

Key Stage 4:

	Autumn term 1:	Autumn term 2:	Spring term 1:	Spring term 2:	Summer term 1:	Summer term 2:
KS4 LC	Team Building and Orienteering (Performing Arts) (MW)	Health and Fitness (Gym) (AR)	Personal skills and Careers (Form Room) (RE)	smiLE (Form Room) (OT and SLT)	Swimming (Pool) (JW)	First Aid (Form Room) (EO)
KS4 SW	Personal skills and Careers (Form Room) (RE)	Team Building and Orienteering (Performing Arts) (MW)	Health and Fitness (Gym) (AR)	First Aid (Form Room) (EO)	smiLE (Form Room) (OT and SLT)	Swimming (Pool) (JW)
KS4 MW	Health and Fitness (Gym) (AR)	Personal skills and Careers (Form Room) (RE)	Team Building and Orienteering (Performing Arts) (MW)	Swimming (Pool) (JW)	First Aid (Form Room) (EO)	smiLE (Form Room) (OT and SLT)

Key Stage 5: Thursday - P3 and Literacy

	Autumn term 1:	Autumn term 2:	Spring term 1:	Spring term 2:	Summer term 1:	Summer term 2:
KS5 Group 1	Sustainability (6 th Form Room 3) (AH)	Alcohol and Drug Misuse (6 th Form Room 2) (AM)	Teamwork and Communication (6 th Form Room 1) (DS)	Managing Money (6 th Form Room 3) (AH)	Gardening and Site Maintenance (6 th Form Room 1) (DS)	Citizenship (6 th Form Room 2) (AM)
KS5 Group 2	Teamwork and Communication (6 th Form Room 1) (DS)	Sustainability (6 th Form Room 3) (AH)	Alcohol and Drug Misuse (6 th Form Room 2) (AM)	Gardening and Site Maintenance (6 th Form Room 1) (DS)	Citizenship (6 th Form Room 2) (AM)	Managing Money (6 th Form Room 3) (AH)
KS5 Group 3	Alcohol and Drug Misuse (6 th Form Room 2) (AM)	Teamwork and Communication (6 th Form Room 1) (DS)	Sustainability (6 th Form Room 3) (AH)	Citizenship (6 th Form Room 2) (AM)	Managing Money (6 th Form Room 3) (AH)	Gardening and Site Maintenance (6 th Form Room 1) (DS)

Key Stage 5: Wednesday - P4, P5 and P6

	Autumn term 1:	Autumn term 2:	Spring term 1:	Spring term 2:	Summer term 1:	Summer term 2:
KS5 Group 1	Healthy Living (6 th Form Room 1) (MW)	Living in the Community (6 th Form Room 2) (AM)	Dawn House Café - Trading (6 th Form Room 3) (AH)	Money and Me (6 th Form Room 1) (MW)	Living in the Community (6 th Form Room 2) (AM)	Dawn House Café - Trading (6 th Form Room 3) (AH)
KS5 Group 2	Living in the Community (6 th Form Room 2) (AM)	Dawn House Café - Trading (6 th Form Room 3) (AH)	Healthy Living (6 th Form Room 1) (MW)	Living in the Community (6 th Form Room 2) (AM)	Dawn House Café - Trading (6 th Form Room 3) (AH)	Money and Me (6 th Form Room 1) (MW)

	Autumn term 1:	Autumn term 2:	Spring term 1:	Spring term 2:	Summer term 1:	Summer term 2:
KS5 Group 3	Dawn House Café - set up (6 th Form Room 3) (AH)	Healthy Living (6 th Form Room 1) (MW)	Living in the Community (6 th Form Room 2) (AM)	Dawn House Café - Trading (6 th Form Room 3) (AH)	Money and Me (6 th Form Room 1) (MW)	Living in the Community (6 th Form Room 2) (AM)