

Carers Assessment and Allowance

As a carer, you could be entitled to Carer's Allowance.

Ask your local authority for a carer's assessment. This determines what help you receive from social services, including respite care.

Call the Carers Direct helpline on 0300 123 1053 (Monday-Friday 9am-8pm, weekends 11am-4pm) for confidential advice on any aspect of caring, including:

- assessments
- benefits
- time off
- home support
- going back to work or education

Benefits Advice

Nottinghamshire

Note changes to ESA. Request telephone support using link below or phoning Notts CC

<https://www.nottinghamshire.gov.uk/care/benefits-finance/benefits>

Barnsley

<https://www.enterprisingbarnsley.co.uk/benefits-advice-and-help-finding-work/>

Engage, Develop, Communicate, Aspire



A Speech and Language UK school

Preparing for Adulthood 2023-24

Speech and Language UK

ideas4careers
career development & employability



Engage, Develop, Communicate, Aspire

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Financial Support

Personal Budget and Direct Payments

If an individual has had an assessment of their social care needs and it has been agreed that the Council will help to meet some of those needs for care and support, then the individual will be given a **Personal Budget**. This is a sum of money that is used to pay for care and support. This can be:

- **Managed Personal Budget** – the Council provides the care or support up to that sum
- **Direct Payment.** - you receive the money for the sole purpose of purchasing the care to meet your individual needs
- A combination of both

www.nottinghamshire.gov.uk/media/114113/direct-payments-may-2016.pdf

Personal Independence Payment

Personal Independence Payment is a benefit which can help you with some of the extra costs if you have a long term illness or disability - this includes Autism or a learning disability

www.citizensadvice.org.uk/benefits/sick-or-disabled-people-and-carers/pip/

Access to Work

Access to Work

www.gov.uk/access-to-work/what-youll-get

This is a Government grant that can pay for practical support to help those with a long term health condition or disability to:

- start working – supported internships and/or paid employment (can be part-time)
- stay in work
- move into self-employment or start a business (but not for business start-up costs)

How much an individual gets depends on their circumstances. The money doesn't have to be paid back and will not affect other benefits. This could include extra travel costs or adaptations to equipment to make it easier to use it.

Transition:

In **education terms** this means the time when a young person moves on from school – this may be at 16, although the young person **must** remain in education or training until they are 18. Young people can remain at Dawn House until they are 17, 18 or 19 or move onto education or training elsewhere.

School will help guide you through this process

In **social care terms** this means when a young person moves on from using children's services, to getting support from adult social care.

Nottinghamshire County Council T:0300 500 80 80

<https://www.nottinghamshire.gov.uk/media/121779/preparingforadulthood.pdf>

Rotherham Metropolitan County Council T:01709 382121

<https://www.rotherhamsendlocaloffer.org.uk/preparing-adulthood/rotherham-adult-transitions-team/1>

Barnsley Metropolitan County Council T:01226 773300

<https://www.barnsley.gov.uk/services/children-families-and-education/childrens-social-care/preparing-for-adulthood/>

Local Offer:

The Local Offer is a useful online information tool for young people with special educational needs and their families: -

Nottinghamshire County Local Offer

-[Notts Help Yourself](#) click on each of the titles to find information, and once into the section use the filters to click on the specific area of need, for example 'autism', to help narrow down your search.

For further information please email local offer@nottsc.gov.uk or call Tel 0115 804 0944.

Nottingham City Council Local Offer

<https://www.asklion.co.uk/kb5/nottingham/directory/landing.page?directorychannel=7>

Rotherham Local Offer

<https://www.rotherhamsendlocaloffer.org.uk/>

Barnsley Local Offer

https://barnsley.cloud.servelec-synergy.com/Synergy/Local_Offer/

Barnsley

Information on support available to those with SEND, living in the Barnsley area are available via 'I know I can' website

<https://ikic.co.uk/young-people/send/support-with-gaining-employment-or-setting-up-a-business>

Barnsley Social Care Support

<https://www.barnsley.gov.uk/services/adult-social-care/disabilities-and-sensory-impairments/supported-employment-and-volunteering/>

They support vulnerable people through all stages of finding work or volunteering. They can help people:-

- access a job coach in work
- apply for a job
- gain work experience
- look for work or volunteering opportunities
- prepare for an interview
- write a CV

They work closely with local employers to develop opportunities for volunteering and paid work. They offer them advice about making their workplace safe and accessible for vulnerable people and adults with disabilities

How much an individual gets depends on their circumstances. The money doesn't have to be paid back and will not affect other benefits. This could include extra travel costs or adaptations to equipment to make it easier to use it.

Employment Support

i-works

<https://www.nottinghamshire.gov.uk/jobs-and-working/support-to-find-employment/employment-support-disability>

For those 18 or over, who live in **Nottinghamshire** and have a learning disability or Asperger's, the i-work team can offer support to them around getting a job. There is often a waiting list so it's best to refer early.

The i-work team can help people:

- to understand their skills, interests and support needs
- to carry out job searches, make applications or attend interviews get into work by providing ongoing one-to-one support
- by encouraging natural support to form and grow within the workplace
- by offering training and support until they can do the job
- by being available to them, their employer and colleagues, providing support and advice.

T: 0300 500 80 80

E: enquiries@nottscg.go.uk

What you need to do if you are wanting college or training?

It is **your responsibility as a parent or carer** to look at what is on offer and apply for the services you require. This can seem daunting but there is help out there:

The School - Ben Norman

The Careers Adviser – Jacques Palmer

Start early, as it will take time to look into what's available and to make visits to those you are considering:

Time scale:

July to December Year 11/12/13– visit colleges or training providers or services that you are interested in.

December to January – apply for college courses and/or training

By February you will need to have a Plan A and Plan B. Once this is done, your Education and Health Care plan (EHCP) will be sent to your chosen providers by the school.

Post-16 Education Options:

Applying to mainstream provision

- The best place to start is with the college website. This will tell you what courses are available.
- Courses can range from Entry Level up to Degree
- To find out more about the support available look under the information or support services section. There will be support for specific learning difficulties e.g. dyslexia, for those on the autism spectrum and those with physical or mental health support needs.
- The amount and type of support varies from college to college
- You can also arrange to visit via open days or a one-to-one visit. When applying it's important to declare your support needs.
- You may also be offered transition visits to help you become familiar with the college and the staff before you start.
- The college will then meet with you so that you can discuss your course choice and your support needs.

Apprenticeships

- Paid jobs that involve training, which lead to nationally recognized qualifications. So “earn, while you learn”.
- The young person can remain on their EHCP whilst on an apprenticeship and apply for Access to Work
- Until recently it was hard for some students to access apprenticeships as they needed to have GCSE English and Maths at Level 2 (9-4), but recently the requirements have changed, to enable an individual who can meet the Level 2 threshold in vocational learning but struggle to do so in functional skills to participate in the programme.
- Apprenticeship vacancies can be found at www.findapprenticeship.service.gov.uk/apprenticeshipsearch or **local college websites**
- South Yorkshire <https://thesourceacademy.co.uk/learners>

Traineeships

A study programme for young people who want to work, but who need extra help to become work ready. Can apply for Access to Work

- Offer training, work experience, help with interview skills, developing a CV and job applications.
- Please note: these only last between six weeks and six months. <https://www.gov.uk/government/collections/traineeships>
- South Yorkshire contact The Source Academy <https://thesourceacademy.co.uk/traineeships>

- Your EHCP will be shared with the college to help them further understand your needs and feel confident that they can meet them. It's important that it's right for both you and the college

Information for those living in **Barnsley area:**

<https://ikic.co.uk/young-people/send/>

Information for those living in the **Rotherham area:**

<https://www.rotherhamsendlocaloffer.org.uk/education-child-care/education-training-16-25-years-olds/1>

How do I get there?

- Wherever possible young people are encouraged to access college transport or to travel independently. However, for those for whom this is inappropriate they may be eligible for assistance through the Post-16 Special Transport Scheme:

Nottinghamshire: <https://www.nottinghamshire.gov.uk/education/travel-to-schools/special-transport-needs>

Barnsley: <https://www.barnsley.gov.uk/services/children-families-and-education/schools-and-learning/school-travel/school-travel-for-children-with-special-educational-disability-or-mobility-needs-send/>

- **Costs** - Free for all those aged 16-25 with an EHCP.

Local Colleges:

Vision West Notts College

<https://www.wnc.ac.uk/Courses/>

- A wide range of courses
- Specific SEND provision - <https://www.wnc.ac.uk/Courses/Area/foundation-studies>

North Notts College

<https://www.nnc.ac.uk/courses/>

- A wide range of courses– Important– the courses are available over a number of different sites/college bases:- North Notts, Dearne Valley and Rotherham
- SEND specific provision—Our goal is to help students by preparing them for employment, adulthood and personal independence <https://www.nnc.ac.uk/department/flex/>

Barnsley College

<https://www.barnsley.ac.uk/about-us/>

- A wide range of courses
- Also Foundation Learning for those who need more support <https://www.barnsley.ac.uk/our-departments/foundation-learning/>

Supported Internship:

A study programme for adults with additional needs who want to gain experience in the world of work, with the aim of better preparing them for paid employment.

Each Intern will be fully supported by a Job Coach until such time that they are able to work independently. It gives people the opportunity to 'show off their skills to an employer' whilst developing skills and confidence in the workplace.

Alongside this Interns are given support to develop their CV, apply for jobs, and prepare for interviews.

Wherever possible students are supported to move into paid employment (students' EHCP remain in place).

Can apply for Access to Work – see financial section

Landmarks College

<https://www.landmarks.ac.uk/employability/>

and see the video

<https://www.youtube.com/watch?v=MCxVAVd9nJc>

Portland College

www.portland.ac.uk/workplace-preparation/supported-internships

Barnsley College

<https://www.barnsley.ac.uk/course/learning-for-living-and-work-internship/>

Rotherham College as part of the FLEX programme

<https://www.rotherham.ac.uk/department/flex/>

Pulp Friction <https://www.pulpfrictioncic.org.uk/>

Pulp Friction CIC is a social enterprise that works with people who have learning disabilities and/or Autism to develop their social independence and work-readiness skills:-

- Catering at Notts Fire and Rescue HQ
- Outside catering/Smoothie Bikes
- Gain qualifications

Employability Training Hub Nottinghamshire

<https://www.nottinghamshire.gov.uk/jobs-and-working/support-to-find-employment/employment-support-disability/employment-training-hub>

Note, no transport is provided

Barnsley Area

Supported employment and volunteering

<https://www.barnsley.gov.uk/services/adult-social-care/disabilities-and-sensory-impairments/supported-employment-and-volunteering/>

We can help you:

- access a job coach in work
- apply for a job/gain work experience
- look for work or volunteering opportunities
- prepare for an interview/write a CV

We also work closely with local employers to develop opportunities for volunteering and paid work. We can offer them advice about making their workplace safe and accessible for vulnerable people and adults with disabilities.

- You can find out more in our [employment and volunteering service leaflet](#).

Rotherham College

<https://www.rotherham.ac.uk/courses/>

- A wide range of courses
- Specific SEND provision - Our goal is to help students by preparing them for employment, adulthood and personal independence. <https://www.rotherham.ac.uk/department/flex/>

Dearne Valley College

<https://www.dearne-coll.ac.uk/>

- A wide range of courses
- Specific SEND provision - Our goal is to help students by preparing them for employment, adulthood and personal independence. <https://www.dearne-coll.ac.uk/department/flex/>

Inspire (16-24 Study Programmes) - bases across Nottinghamshire

<https://www.inspireculture.org.uk/college-16-24/StudyProgrammes/>

- Earn as you learn! Join us and earn up to £100 per month for studying with us - Child Benefit is not affected and all travel costs are refunded!
- Inspire College prepares young people aged 16-24 not only for the world of work and further education, but for life!
- T 0115 804 3611
- Email: learning@inspireculture.org.uk

Independent Specialist Colleges:

Independent Specialist Colleges (ISCs) provide support for learners with additional support needs. Learners with an EHCP **may** also be able to apply to ISCs in neighboring areas provided they are within daily travelling distance. These are:

If you want to consider colleges other than these you can search for them on the Natspec website:

www.natspec.org.uk/find-a-college/search

What do they provide?

A range of course at different levels; skills for adulthood functional Maths and English; support with communication and vocational options to prepare you for the world of work, including work experience. They may also offer physiotherapy and Speech and Language Therapy

Work Based Learning:

Many young people with SEND have ambitions to work, yet they are much less likely to be part of the workforce. Therefore the Government has prioritised supporting them into work, including voluntary work and self-employment.

At Dawn House students explore the world of work as a key part of the curriculum and have the opportunity to engage in work experience.

There are a number of routes to employment:

Voluntary work – helps to develop skills and gain a reference.

This could range from charity shop, admin work, animals, hospitals and much more

Work experience – a key part of many college courses.

Social Enterprises

Rumbles Catering

<https://www.rumblescatering.org.uk/> Provide training and work based volunteering placements for people with learning disabilities and disadvantaged persons within a realistic working environment. We offer life skill training alongside courses in basic Catering, Hospitality and Customer Service. Over the years we have helped many young people, offering them the opportunity to achieve nationally accredited qualifications and have seen a number of our beneficiaries go on to independent living and paid work placements, some within Rumbles and some elsewhere.

Social and Evening Activities:

Nottinghamshire County Council

Youth Clubs for young people with disabilities 13-24.

Based in the following areas:-

T 07949270038 (Carol Greaves)

E carol.greaves@nottscc.gov.uk

Active Notts

www.activenotts.org.uk/disability-and-inclusive-activity1

There are a whole host of activities going on across the county that are either inclusive for anyone to take part in or disability specific.

There is an Excel spreadsheet to look up what is available - a huge range of sports is available.

T 0115 848 3469

E info@activenotts.org.uk

How do I apply?

You can apply online via the individual colleges' websites. **You will need an EHCP.** It's advisable to attend an open day or arrange an individual visit.

Your EHCP will be sent to the college and they will then invite you for an assessment. This is nothing to be worried about. It's to find out more about you and to discuss with you the course you've chosen. An assessment report will be completed and you'll receive a copy, as will the Local Authority.

If the college feels that it's right for your child, it will make you an offer of a place. **This will be conditional on the Local Authority approving the funding required for your place.**

How many days will your child attend?

Councils usually fund three days a week, for a maximum of two years. If you're eligible for social care, activities for the other two days each week may be funded through them.

What if the Local Authority refuses to fund my placement?

You have the right to appeal via the Special Educational Needs and Disabilities Tribunal - this will be explained to you.

Transport - as for mainstream college.

Local Specialist Courses:

Portland College - www.portland.ac.uk

- Provides a wide range of courses from pre-entry to Level 3 which promote independence and employability skills.
- Behaviour support
- Enrichment activities
- Also provides **day services, supported internships** (see prospectus) and **additional services** including physiotherapy, and speech & language therapy.

What they offer has increased in scope over recent years.

To find out about what is currently on offer:-

<https://www.portland.ac.uk/wp-content/uploads/2022/03/Portland-Prospectus-2022.pdf>

To find out how to apply

<https://www.portland.ac.uk/what-we-offer/admissions>

T: Main college reception **01623 499111**

T: Admissions **01623 499186** email college@portland.ac.uk

Barnsley Learning Disability Supported Activities

<https://www.barnsley.gov.uk/services/adult-social-care/disabilities-and-sensory-impairments/learning-disability-supported-activities/>

- If you have learning disability or autism they offer a wide range of opportunities, groups and activities that can be tailored to meet your needs.
- Help you work towards improving your skills and abilities to enable you to be as independent as possible.
- We also provide [independent travel training](#)
- Wherever possible, we'll try to provide these, either in our day centre or by helping people to access what's already available in the community.

Activities include:-

- Cookery
- day trips
- exercise classes and other leisure activities
- Gardening
- managing your money
- Sensory
- volunteering with local groups and businesses
- walking groups

You'll need to [get a social care assessment](#) to see if you qualify for the services we offer by calling (01226) 773300.

The Adventure Service

www.theadventureservice.com

For teenagers and adults with support needs who want to develop their skills through outdoor adventure.

T 01623 232102 M 07715 263 780

E mala@theadventureservice.com

Space Inclusive

<https://spaceinclusive.co.uk> (Nottinghamshire)

A social enterprise which provides opportunities for young adults, aged 18+ with a learning disability or autism, who have a personal budget. They have a number of bases in Nottingham which offer differing levels of support.

They offer:-

- Employment opportunities
- Skills for Living including cooking and going out and about
- Social skills
- Arts and crafts
- Some staffed evening activities.

T 0115 8370693

E office@spaceinclusive.co.uk

Landmarks College - www.landmarks.ac.uk

This college have various sites -

<https://www.landmarks.ac.uk/sites/>

Courses support developing independence and employability skills

<https://www.landmarks.ac.uk/subjects/#>

Prospectus <https://www.landmarks.ac.uk/wp-content/uploads/2021/04/Landmarks-Prospectus.pdf>

They also provide **day services, supported internships** and **additional services** such as Physiotherapy, Occupational Therapy and Speech and Language Therapy

How to apply <https://www.landmarks.ac.uk/how-to-apply/>

T 01246 433788 email info@landmarks.ac.uk

Communications Specialist College Doncaster

<https://www.deaf-trust.co.uk/college>

- Provides a wide range of courses - vocational, skills for life, employability and personal and social development
- They also have a wide range of support services including Physiotherapy, Occupational Therapy, Speech and Language Therapy, counselling and on-site mental health support
- Prospectus. Note 2019 https://www.deaf-trust.co.uk/media/Opfnlmwd/csc_prospectus_2019_master_02-12-19.pdf
- Has a residential provision

T: 01302 386720 E : admissions@cscd.ac.uk

Day Services/Support:

If you're interested in going to a day service you need to complete a **care and support assessment** and be eligible for care services. Your care and support assessment will also determine how much you pay for any day services that you visit.

Maximising Independence Service Nottinghamshire

www.nottinghamshire.gov.uk/NES

This is a free service which helps individuals to improve their life skills and independence. The Promoting Independence Worker can work with you for up to 12 weeks, on goals such as:

- travelling independently
- household skills
- finding new social opportunities
- budgeting
- keeping well

To refer to the service: T 0300 500 80 80

Day services are provided by a wide range of providers and offer many types of environments and activities to suit individuals needs and interests:

Portland College

<https://www.portland.ac.uk/portland-freedom>

Landmarks College

<https://www.landmarks.ac.uk/lifelonglearning/>

Autism East Midlands www.norsaca.co.uk

The service runs 52 weeks a year, 7 days a week (not bank holidays, operating between the hours of 8am and 8pm). They have services based in Worksop, Retford, Mansfield Woodhouse and Nottingham.

It includes:

- Work skills
- Creative
- Life skills
- Community based skills
- Relaxation
- Sport and hobbies

T: 01909 506678

E: enquiries@autismeastmidlands.org.uk

Rotherham Autism Hub

Rotherham Autism Hub works with individuals to develop a bespoke programme of activities tailored to individual needs and aspirations. They assist individuals to access opportunities in employment, training and independence.

Including:-

- Horticulture, woodwork and furniture restoration
- Arts and crafts/ photography
- IT and media
- Support into work including volunteering and paid work
- Accessing community resources/sport
- Independent living skills

T: Tom Rowe (Manager) 01709 273747

E: thomas.rowe@autismeastmidlands.org.uk